

Newsletter

Principal: Shane West Ph: 5428 2232
School Council President: Laura Shea



DIARY DATES

APRIL

19th Yrs 3-6 District Cross Country

25th ANZAC DAY - Public Holiday

MAY

1st Yrs 3-6 House Athletics
Foundation Wacky Wednesday

2nd 2025 Prep Information Session

3rd PA Meeting 9am Staffroom
Kitchen Garden Gr 4B & 4C

6th-10th Yr 2 Chicken Hatching

7th District Boys & Girls AFL

9th Mothers Day Stall / Coffee Van

10th Kitchen Garden Gr 4C & 4D

14th 2025 Prep Evening Information
Session

16th Yr 1 Toys Over Time Incursion

17th Kitchen Garden Gr 4A & 4B

20th Artist in School - African -
Drumming

21st Book Fair

27th PUPIL FREE DAY

Dear Parents and Guardians

Welcome Back

Welcome back to all our students, parents and staff! Term 2 is always incredibly busy and I'm sure this year won't be an exception. With an 11 week term, it's a good idea to monitor the health and wellbeing of your children, especially once we get into those dark, cold wintry months. Luckily, we have a couple of breaks during the term with Anzac Day (Thursday 25/4), the King's Birthday (Monday 10/6) and a **Pupil Free Day** on **Monday 27th May**.

2025 Enrolments are Now Open

Foundation enrolments for 2025 have opened and information packs including enrolment forms can be collected from the office. Alternatively, you can download an enrolment form from the school website. **Foundation enrolments are due back by 28th July 2023.**

2025 Foundation **school tours** with our student leaders, run on Monday mornings at 10am, bookings are essential. The school will also run **information sessions** on Thursday 2nd May at 12pm and Tuesday 14th May at 6pm. These sessions will run for about an hour and include a brief school tour. School tours and parent information sessions can be booked via TryBooking by scanning the QR Code on page 2 of this newsletter.

Victoria Container Deposit Scheme

New Gisborne Primary School is a registered community partner for the CDS for 2024. This means as well as the containers that are being collected at school you could donate the funds from any containers returned to a collection point to New Gisborne Primary School. The money raised is going directly to buying plants and equipment for our sustainability team.

On the CDS VIC app you can look for NGPS Sustainability Program under charities and nominate NGPS as your active pay out. Any refund amount would be great as it all adds up. A win for the school, students and the environment. If your child has any of these containers at school, please remind them to utilise the collection container at school (outside 5A) and not in the rubbish bin.

Trauma Events and helping keep our kids feeling safe

The media can be very confronting for our children and we have heard lots of discussions between students about recent events in Sydney. Feel free to have a look through the flyer on pages 3 and 4, for some good ideas and helpful advice.

District Cross Country

Wishing all our competitors the best of luck on Friday. Congratulations on reaching the next stage of this competition. We hope you have a great day!

Rob Mitchell

Federal MP Rob Mitchell visited our school on Tuesday and met with our Year 6 leaders. They had a brief discussion with questions about their respective roles and duties followed by a school tour. He also presented them with new flags to replace the very weathered flags we had flying outside the gym. The Year 6 leaders helped Neil replace them today.

Shane West
Principal

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2025 Foundation Information Sessions & Tours



2025 Foundation Information Sessions & Tours



Thursday 2nd May 12pm - 1pm

or

Tuesday 14th May 6pm - 7pm

- * Meet our Principal, Assistant Principal and Foundation Coordinator
- * Tour our School Grounds
- * Foundation Handbooks and Enrolment Information

School Tours from 22nd April with our Student Leaders, every Monday morning at 10am

Book Information
Sessions here



Book School
Tours here



Be Safe

Be Respectful

Be a Learner

239 Station Road New Gisborne 03 5428 2232

Emerging Minds - Traumatic Events, the media and your child

Emerging Minds.

National Workforce Centre
for Child Mental Health

Traumatic events, the media and your child



When disasters or traumatic events occur in Australia or elsewhere in the world, they're often given constant media coverage. It can seem like every time you turn on the TV, radio or go online there is more news about the event, who has been hurt and what is happening in the immediate aftermath.

Media coverage during times of disaster or traumatic events is important: it can provide those who are affected with news and information about where to go, how to get help and when it's safe to return to their homes. However, many people, including children and families, can become absorbed by the constant news stream about the event and sometimes they can watch or listen for hours.

Impact of too much media exposure

Adults need to be mindful of how much exposure their children have to coverage of disasters or traumatic events on TV, radio or the internet. The media often focus on the most frightening aspects of an event and this coverage can contain graphic, scary and disturbing images. Seeing this type of media coverage can cause distress or worry for children. Children will also often discuss what they have seen in the media with each other. As a result, even though your children may not watch coverage constantly at home, they are still exposed to it through their friends and chatter on social media.

Media coverage can have an impact on children in the following ways:

- they can feel that they are unsafe and that something bad may happen to them or their family
- they can be led to think this event is happening constantly, rather than one event being replayed
- they can spend a great deal of time thinking about the event, which can affect their sleep and time at school
- they may be anxious that the same sort of event may happen to them or their family.

The more media coverage children see, the more likely they are to become afraid or upset.

Delivery partners:



The National Workforce Centre for Child Mental Health is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program

Visit our web hub today!

**Emerging
minds.
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Emerging Minds - Traumatic Events, the media and your child

How to help your child

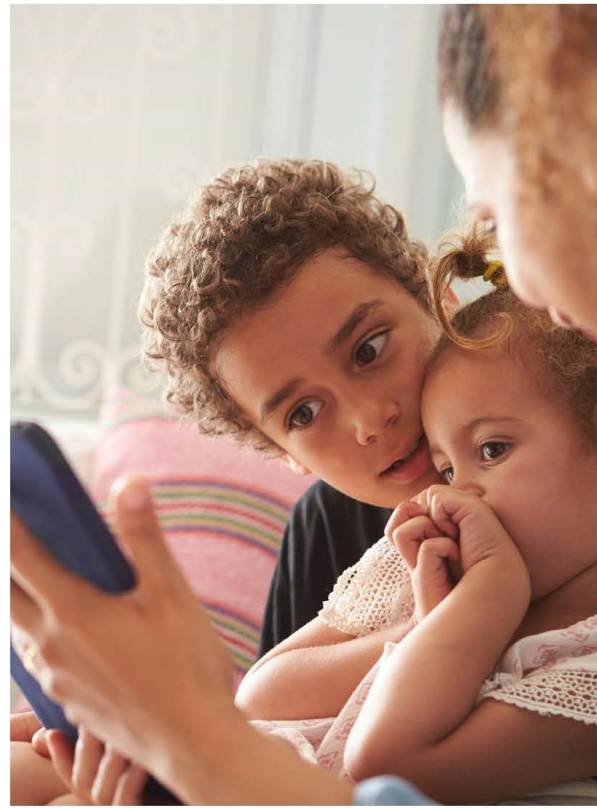
It's important that parents, carers and other family members help children to cope with the media coverage that they may see of a disaster or traumatic event.

Some recommended ways to manage this include:

- try to be there with your children when they are watching coverage of the event. This way you can talk to them about their fears and answer any questions they may have
- speak to children about the event in language they will understand, and set limits on the amount of time that they are able to watch TV or internet coverage of the event
- explain to your children why you are doing this, that you don't want them to worry unnecessarily, and that adults are managing things
- provide alternative activities for your children to take them away from the media coverage, such as watching a different TV show or playing a game
- give your children information to help them to understand what's happened, why it's happened, how likely this is to happen to you and your family
- remind your children that while what's happening in the traumatic event is upsetting, there are also lots of good things happening in the world, though these don't always receive the same level of attention
- reassure your children that they're safe and that you're there to answer their questions
- provide support and comfort to them if they're upset or feeling unsafe.

Talking to your children and continuing to follow the normal routines and rhythms of your daily life are important ways to help them feel safe and secure. Keep in mind that if your children begin to show signs of excessive worry or distress at the media coverage they have seen, you may need to speak to your GP or another health professional.

This resource was written by Professor Beverley Raphael and Amanda Harris, with updates in June 2018 by Nicola Palfrey. Professor Beverley Raphael is a psychiatrist former Chairperson of the Australian Child & Adolescent Trauma, Loss & Grief Network (ACATLGN). Amanda Harris is a psychologist and former Director of the ACATLGN. Nicola Palfrey is a clinical psychologist and Director of ACATLGN.



Delivery partners:



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Visit our web hub today!

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Year Three

Painting clay sculptures





Nude Food Day

EVERY MONDAY

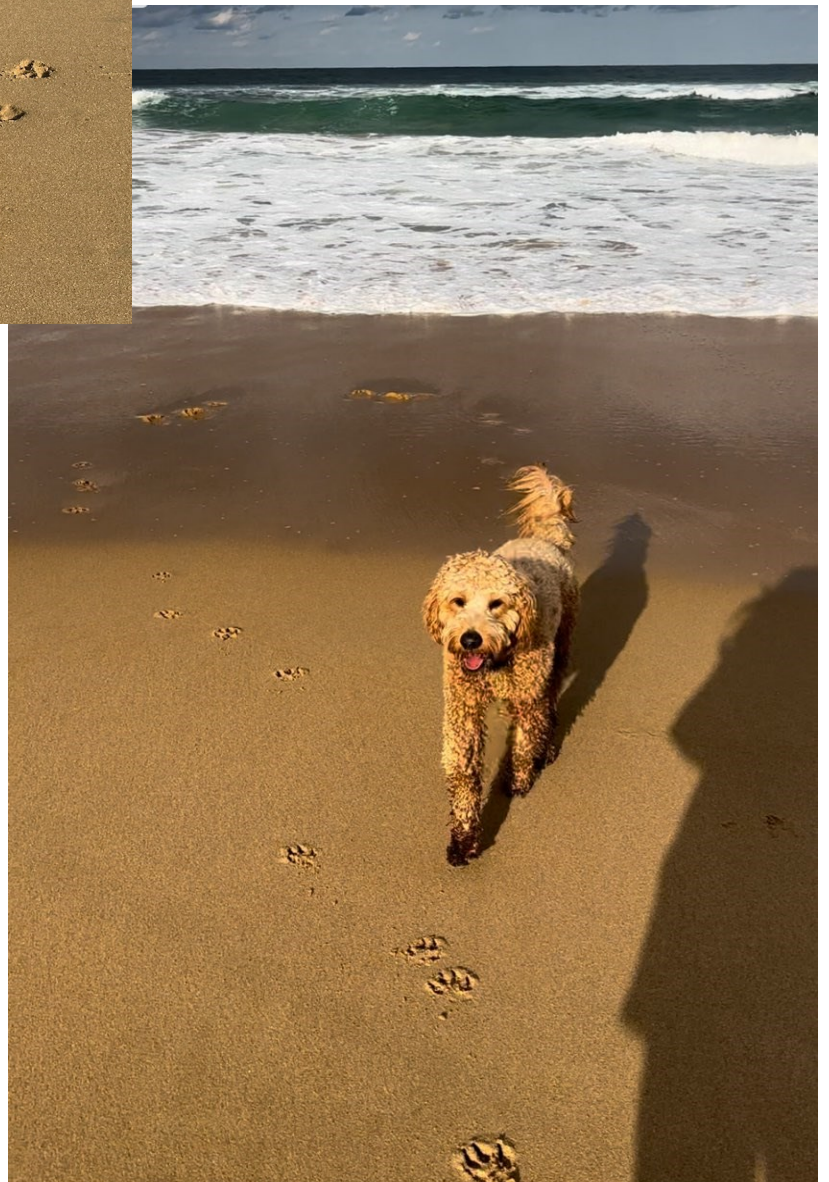
BRING YOUR FOOD IN
CONTAINERS,
REUSABLE WRAPPERS
OR BAGS TO WIN
YOUR CLASS POINTS!



Chester Chatter



Our favourite school dog
Chester
had a wonderful beach
holiday during the term
break ..



.. and looks forward to
seeing everyone at
school next week!

HUNGRY POSSUM ROSTER

We are always looking for canteen volunteers!
We require 1 person on Wednesdays and 3 to 4 people on Fridays.

Any time you can spare is always appreciated:

9am: Stickers on lunch bags & start lunch preparation

11:30am: Counter Service

12:30: Prepare and bag lunch orders

Contact Brenda at
Brenda.Morgan@education.vic.gov.au

Friday 19th April	Wednesday 24th April
<ul style="list-style-type: none">• Angela Clemson• Volunteers Needed• Volunteers Needed	<ul style="list-style-type: none">• Teresa Salafranca
Friday 26th April	Wednesday 1st May
<ul style="list-style-type: none">• Jenni Fleet• Larissa Boyd	<ul style="list-style-type: none">• Renee Ogier

Victorian Container Deposit Scheme

NGPS is collecting drink containers purchased through the canteen to raise funds via the Victorian Container Deposit Scheme.

These funds will go back into the **Sustainability Program** at NGPS.

We are encouraging students to check the container labels to see how items can be disposed of.

We're keeping an ongoing tally of the number of containers we have kept from landfill and an ongoing tally of funds raised.

It would be great if we could collect all 250 containers purchased weekly!

NGPS Collection Point - Outside Mr Bell's Classroom

Before placing an item at this collection point:

- Ensure the item has not been squashed
- The barcode is visible
- The contents have been emptied

Term 1 the school raised \$103.80



Library News

Congratulations and well done to our former student Sophia Harris who has had her first book published!

The Harris family were a big part of our school community, with Vanessa teaching at NGPS for many years before the family set off and travelled around Australia.

They have now settled in Queensland, where Sophia wrote and illustrated this gorgeous book.

A copy is in our library for our school to enjoy.



New Gisborne Primary School
Mothers Day Stall

THURSDAY 9TH MAY 2024

ALL GIFT PACKS \$8.00

- * Children will purchase own gifts with cash.
- * Stall will be held in library 9:30am-1:30pm.
 - * Limited stock of each pack, so keep a few options in mind.

NGPS PARENT ASSOCIATION PRESENTS



**FREE COFFEE FOR MUMS
FOR MOTHERS DAY**

THURSDAY 9TH MAY @ 8.15AM-9.15AM

To celebrate Mothers' Day, the NGPS Parent Association have arranged free coffee for the first 70 mums/aunts/grandmums/special family members! The coffee van will be located in the NGPS gym carpark at drop off.

Gisborne Secondary College Bus Route Changes

Please see attached information regarding changes to 4 bus routes starting next term due to roadworks in New Gisborne.

Bus Route Changes starting Term 2 2024 due to Roadworks - Hamilton Rd New Gisborne

Due to roadworks commencing over the school holidays, the following school bus routes will be affected with new stop locations & times as set out below. Kirribilli bus route is subject to change dependent on closures of roads. Most stops have moved forward 5 minutes to accommodate detours.

Kirribilli School Bus Route – Stage 1

Current Time	New Time	Stop Location	Current Time	New Time	Stop Location
8:00 AM	8:01 AM	Macedon Close & Kilmore Road	3:30 PM	3:30 PM	Gisborne Secondary College
8:03 AM	8:04 AM	Saunders Road & Pierce Road	3:38 PM	3:38 PM	New Gisborne Primary School
8:15 AM	8:15 AM	141 Shannons Road	3:45 PM	3:45 PM	Barringo Road & Wooling Road
8:20 AM	8:20 AM	Shannons Road & Barringo Road	3:50 PM	3:50 PM	Shannons Road & Barringo Road
8:25 AM	8:25 AM	Barringo Road & Wooling Road	3:55 PM	3:55 PM	141 Shannons Road
8:32 AM	8:32 AM	New Gisborne Primary School	4:07 PM	4:18 PM	Saunders Road & Pierce Road
8:40 AM	8:40 AM	Gisborne Secondary College	4:10 PM	4:21 PM	Macedon Close & Kilmore Road

Hamilton Rd and Kilmore Rd will be closed until the end of April.

REGISTRATIONS ARE OPEN!!

GISBORNE ROOKIES GIRLS FOOTBALL

SEASON 2024

**NEW PLAYERS ARE ALWAYS WELCOME
WE ARE NOW ACCEPTING REGISTRATIONS FOR
GIRLS BORN BETWEEN 2008 AND 2015**



UNDER 12'S, 14'S & 16'S

**POSITIVE, EMPOWERING, FUN & INCLUSIVE
ENVIRONMENT**

**LEARN THE SKILLS OF THE GAME WHILE HAVING FUN
WITH YOUR MATES**

SCAN THE QR CODE ABOVE OR VISIT THE ROOKIES FACEBOOK
PAGE - [HTTPS://WWW.FACEBOOK.COM/GISBORNEROOKIES/](https://www.facebook.com/gisbornerookies/)